

# SPIC MACAY

## Uma Govind



**UMA GOVIND** • Learnt Bharatanatyam from Mythili Venkatachalam of Midhilalaya Dance Academy in Trivandrum for 24 years & now from Rama Vaidyanathan in Delhi since 2015 • Completed Masters in Bharata Natyam, at Bharathidaasan University, Trichy • Is an 'A' grade artist of Doordarshan & an empanelled artist of ICCR • Performed at several prestigious venues like The Esplanade, Singapore, Temple of Fine Arts, Malayasia, The Madras Music Academy, Narada Gana Sabha Chennai, Horizon Series organised by ICCR Bangalore, Hyderabad & Trivandrum, Soorya Festival, Cuttack Mahotsav, Chidambaram Natyanjali Festival etc • Received the National Nrithya Shiromani Award 2014 from Utkal Yuva Sanskritik Sangh, Odisha

**BHARATANATYAM** • Bharatanatyam is one of the oldest dance forms of India, one of the 8 classical dances • Several texts beginning with Bharata Muni's Natya Shastra (200 BCE-200 CE) provide information on this dance form • Comprises nrta (rhythmic dance movements) & abhinaya (dramatic aspect) • In the early 19th century, under the patronage of Raja Serfoji, the famous Tanjore Quartet are said to have been responsible for the repertoire of Bharatanatyam dance as seen today • Basic units that form the fundamentals of this art form are known Adavus • Some of the different styles of Bharatanatyam are Pandanallur, Vazhuvur, Tanjavur & Kalakshetra • The accompanying music is in the classical Carnatic style of Southern India • The accompanying orchestra consists of a vocalist, a mridangam player, violinist or veena player, a flautist & a cymbal player. The person who conducts the dance recitation is the Nattuvanar • Some well known Bharatanatyam dancers are Meenakshi Sundaram Pillai, Rukmini Devi Arundale, Bala Saraswathi, Yamini Krishnamurthy, Padma Subrahmanyam & Mrinalini Sarabhai

[www.spicmacay.com](http://www.spicmacay.com) • [info@spicmacay.com](mailto:info@spicmacay.com)